

Ernestown Barracuda Swim Club

October 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>Time Trial - Saturday October 15th (10-10:45am) - after the Relay Meet - sign up at the pool - all times will be unofficial</p> <p>New Mail Box Numbers - All swimmers will have new mail box number starting mid October</p>					1	2
3	4	5	6	7	8	9
					Regular Practices	<p style="color: red;">No Sunday Practice</p> 
10	11	12	13	14	15	16
<p>Thanks Giving No Practice</p> 	<p>Tuesday Morning Practices Start</p> 	<p>Citrus Sales begin.</p>	<p>Collection Order Due</p>		<p>Barracuda Relay Meet 8:30-10am All Groups</p> <p>New Parents Orientation More details to follow</p>	
17	18	19	20	21	22	23
						<p style="color: red;">No Sunday Practice</p> <p>KBM Meet Warm-ups 4:45-5:30pm</p>
24	25	26	27	28	29	30
<p style="color: red;">PA Day</p> <p style="color: red;">Halloween 31</p>					<p>Timers Training 9-10:30am Lower Room</p> 	



Ernestown Barracuda Swim Club

October 2011

Barracuda Relay Meet

Saturday October 15th
8:30-10am (all groups)

Saturday Practice Times for October 15th

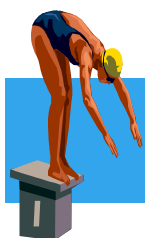
Age Group 2, 3 & Senior 7-10am
 Gold, Platinum & Age Group 1 8:30-10am

- This is a fun relay meet
- All swimmers will be divided into four teams
- **Please note the practice time for your group**

Coaches Corner

- Welcome new swimmers and their families to the Ernestown Barracudas
- **There will a parents meeting for new Gold swimmer's parents during the practice on Saturday October 15th. More details to follow.**
- Thank you to the Barracuda swimmers for doing a great job helping with the Introductory Swim Camp
- [Congratulations to Dan Clissold](#) (father of Julie Pascoal and Grandfather of Ashley Pascoal) for being presented with the Lifetime Achievement Award from Swim Ontario for officiating.

Time Trial



- Saturday Oct. 15th 10-10:45am
- Following the Relay Meet there will be an unofficial time trial for swimmers trying to achieve the standard to move to the next training group.
- There is a sign-up sheet at the pool.

2011/2012 Barracuda Coaches:

Junior Barracuda Coaches

- Kristin Buchanan
- Michelle Cleary

Barracuda Coaches

- Shannon Howe
- Trish Hawkes
- Alison Doherty
- Gord Emmerson



2011 / 2012 Meet and Event Schedule

Qualifying

Date	Meet/Event	Location	Meet Type	Times
Oct. 15, 2011	Relay Meet	Here	Inter Club	No
15	Gold Parent Orientation	Lower Meeting Room		
23	Pentathlon Meet	Artillery Park Pool	Age Group / Senior	No
Nov. 4-6	Invitational	Barrie	13 and over swimmers	Yes
5, 6	Invitational	Oshawa	12 and under swimmers	No
11-13	Invitational	Ernestown	Age Group / Senior	No
25-27	Canada Cup I	Etobicoke	National	Yes
Dec. 1-4	Youth Cup	Etobicoke	Age Group / Senior	Yes
4	Invitational	Kingston	Age Group	No
8	Team Picture	Pool Deck		
Jan. 7, 8, 2012	TBA	TBA	Age Group	No
20-22	Ontario Cup	University of Toronto	Senior	Yes
21	Invitational	Ernestown	Age Group / Senior	No
Feb. 3-5	EOSA SC Champs	Nepean	Age Group / Senior	Yes
16-19	Eastern Champs	Gatineau, QC	Senior	Yes
25, 26	Short Course Fanale	Kingston	Age Group	No
March 1-4	Junior Provincials	Etobicoke	Provincial	Yes
27-1	Canadian Olympic Trials	Montreal	National	Yes
April 20-22	Team Champs	Brantford	Maximum 30 Swimmers	
May 26	KBM SC Fanale	Queen's University	Age Group	No
June 1-3	EOSA LC Champs	Nepean	Age Group / Senior	Yes
9	EBSC Meet	Ernestown	Age Group	No
29-1	LC Junior Provincials	Nepean	Age Group	Yes
July 19-22	Summer Nationals	Edmonton	National	Yes
25-30	Age Group Nationals	Calgary	Age Group / Senior	Yes
July 28-Aug. 4	Olympic Games	England		

*** The Long Course meet schedule is yet to be finalized**